**LTA Case Studies**

**Student Profile:**

Name: Tommy a 10 y.o

Grade: Fifth

Known Medical History:

Diagnosed with LTFA tree nut and peanut at age 3 yo

Has h/o asthma

Has brought in an EpiPen and Allergy Action Plan to school every year - but has never had used it.

Has never had an anaphylactic reaction

Fifth grade class has had a cluster of GI illnesses over the past week

**Situation:**

On Tuesday, student presents to clinic, after eating snack, ℅ stomach ache and nausea

His snack was cheez-its brought in from home, which he has eaten numerous times before and never had a problem

When Mom was called- she said he had complained of a scratchy throat and abdominal pain over the weekend but seemed fine this AM

What do you do?

Nurse observed the student

Nurse called Mom and said- why don’t you head over- he’s not feeling well

While Mom was en route to school- the child vomited.

(so he’s either going to feel better or worse, right?)

He then complained that his eyelids were itchy and his throat was scratchy

The nurse noted the following:

His voice was becoming hoarse

He vomited

Was having itchy eyes and scratchy throat

No swelling of face, lips - but eyes red and watery

Child was getting very anxious

The nurse gave the EpiPen

Child went to hospital via EMS

Mom especially grateful

Spent the night in the hospital- received an Epi drip overnight

Slow to start (entire visit 40 minutes) but progressed to anaphylaxis